ginseng—this is an incredibly popular herb especially in the USA because it helps relieve a variety of ailments and common problems such as hangovers, headaches, stress, anxiety, and more

my older dog has had some major issues in the past keeping down “regular” dog food, so I switched him to a raw food diet about 9 months ago; and he couldn’t be happier.

if the drug companies really came clean about their products the doctors would be prescribing a whole lot less.