a choice as to whether I swim in the open water or not) but this time the coach — Mark, a triathlete

and diet were so important, why risk your health potentially, when you don’t even need to spend

begin by eating a healthy diet of fresh fruits and vegetables, low-fat dairy products, whole grains, and other

"so it makes sense to use it and avoid further dilution to the current equity holders."

klein explained, “memory loss is in the early stages, then it goes to total shutdown.”