trying to get them to go to sleep in a new area (such as a tent or a camper) can be pretty scary for a toddler, especially when you leave them alone and go back to the campfire.

Another interesting observation is that I have found an over-the-counter supplement substance that actually has a positive, definitely noticeable impact on mood.

usually relatively straightforward

I began taking Percocet to try to dull the pain but honestly it took so much to get any relief and that relief was so short lived.